HEALTH TESTING
A thirty minute consultation will highlight any common health concerns using metabolic health screening, including stress and weight management. Risk factors associated with coronary heart and pulmonary diseases. Tests can be carried out individually at your home, in our office or clinic.

A full health mot will include
Lung function
Oxygen saturation
Body mass index calculation
Body fat percentages
Hydration levels
Urine analysis
Blood glucose test (diabetes)
Cholesterol test and its breakdown
Blood pressure
Body temperature
Heart trace scan
And more...

Health Test £75
Health Test with Personal Training session Offer £100

Proud to be part of the SPARS GP Referral Scheme.

Call us on 01145537807 @wellness_ltd
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www.communitywellnessservices.co.uk