



COMMUNITY
WELLNESS
SERVICES

Hallamshire
Physiotherapy



HEALTH TESTING

A thirty minute consultation will highlight any common health concerns using metabolic health screening, including stress and weight management. Risk factors associated with coronary heart and pulmonary diseases.

Tests can be carried out individually at your home, in our office or clinic.

A full health mot will include

- Lung function
- Oxygen saturation
- Body mass index calculation
- Body fat percentages
- Hydration levels
- Urine analysis
- Blood glucose test (diabetes)
- Cholesterol test and its breakdown
- Blood pressure
- Body temperature
- Heart trace scan
- And more...

Health Test £75

***Health Test with
Personal
Training session
Offer £100***

Proud to be part of the
SPARS GP Referral Scheme.

Call us on 01145537807

info@communitywellnessservices.co.uk



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www.communitywellnessservices.co.uk